

National Board of Examinations

Question Paper Name :	Diploma Family Medicine Paper1
Subject Name :	Diploma Family Medicine Paper1
Duration :	180
Total Marks :	100
Display Marks:	No

Maximum Instruction Time : 0

Question Number : 1 Question Id : 32718737225 Consider As Subjective : Yes

Please write your answers in the answer booklet within the allotted pages as follows:-

Question Number	Answer to be attempted within	Question Number	Answer to be attempted within
Q. 1	Page 1-5	Q. 6	Page 26-30
Q. 2	Page 6-10	Q. 7	Page 31-35
Q. 3	Page 11-15	Q. 8	Page 36-40
Q. 4	Page 16-20	Q. 9	Page 41-45
Q. 5	Page 21-25	Q. 10	Page 46-50

1. A 45-year-old manual labourer, presents with complaints of gradually worsening shortness of breath since 4 weeks. On examination, he was found to have left sided pleural effusion.

- What are the salient clinical features in a pleural effusion? [2]
- How do you evaluate a patient with pleural effusion? [3]
- What are the causes of transudative and exudative pleural effusion? [2]
- How will you treat a patient with pleural effusion? [3]

Question Number : 2 Question Id : 32718737226 Consider As Subjective : Yes

A 25-year-old lady comes to see you, worried that she is losing weight.

- What is significant weight loss? [1]
- What are the causes of weight loss? [3]
- How will you manage a patient with weight loss? [6]

Question Number : 3 Question Id : 32718737227 Consider As Subjective : Yes

A 30-year-old gentleman, incidentally, noticed yellowish discoloration of eyes.

- Write briefly on types of jaundice. [2]
- What are the common causes of jaundice? [3]
- How will you approach a patient with jaundice? [5]

Question Number : 4 Question Id : 32718737228 Consider As Subjective : Yes

A 50-year-old gentleman, presents to the casualty with complaints of slurring of speech for the last 1 hour. You suspect a diagnosis of Transient Ischemic Attack (TIA).

- What is TIA, how do you clinically screen for a TIA? [2]
- What are the risk factors for a TIA? [2]
- How will you approach a patient with suspected TIA? [6]

Question Number : 5 Question Id : 32718737229 Consider As Subjective : Yes

- a) What are the salient clinical features in a depressive disorder? [3]
- b) Types of depression. [1]
- c) Management of depression. [6]

Question Number : 6 Question Id : 32718737230 Consider As Subjective : Yes

A 45-year-old gentleman, complains of itching in the intertriginous area.

- a) What are the different types of fungal infections seen in general practice? [4]
- b) How will you approach a patient with tinea cruris? [6]

Question Number : 7 Question Id : 32718737231 Consider As Subjective : Yes

A 50-year-old gentleman, on treatment for diabetes mellitus, presents with complaints of left sided shoulder pain.

- a) Write briefly about the causes of shoulder pain in this patient. [4]
- b) How will you approach this patient? [6]

Question Number : 8 Question Id : 32718737232 Consider As Subjective : Yes

A 75-year-old man is brought to the casualty with unresponsiveness. He is on treatment for diabetes mellitus. On evaluation, his GRBS was 40mg%.

- a) What is hypoglycemia, what are the causes of hypoglycemia? [4]
- b) How will you approach this patient? [6]

Question Number : 9 Question Id : 32718737233 Consider As Subjective : Yes

Osteoporosis:

- a) Definition. [1]
- b) Causes. [2]
- c) Clinical features. [3]
- d) Management. [4]

Question Number : 10 Question Id : 32718737234 Consider As Subjective : Yes

A 35-year-old gentleman smokes 20 cigarettes per day for the last 2 years, visits your clinic, seeking help to quit smoking.

- a) What are the side effects of smoking? [4]
- b) How will you help this man to quit smoking? [6]